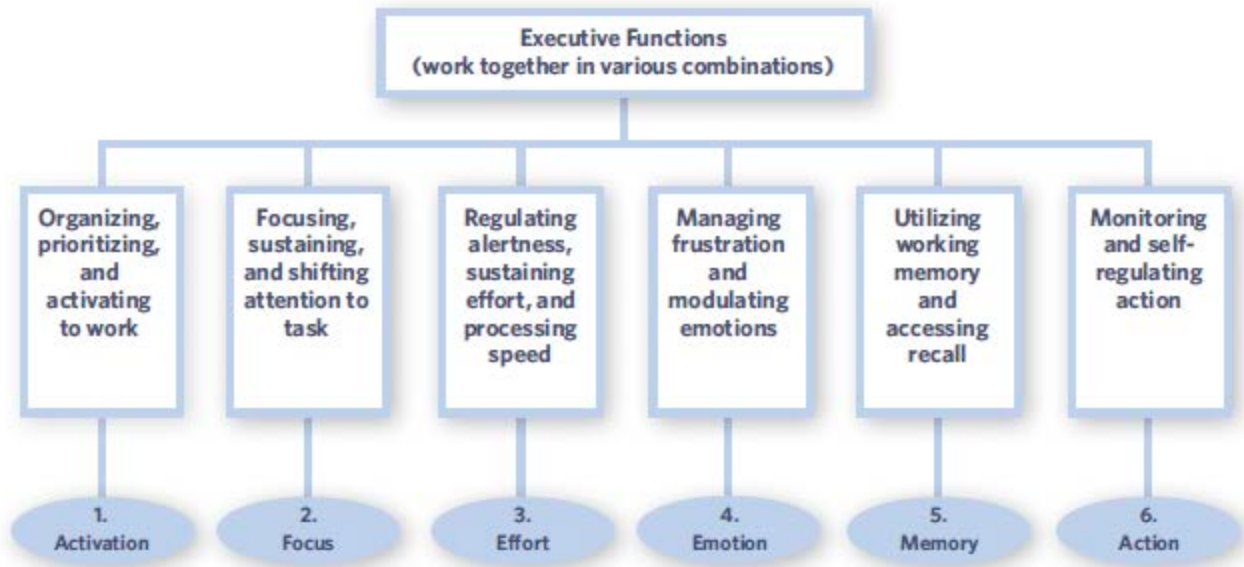


Executive Function Junction



SOURCE: BROWN 2000C

Notes:





Executive Function Assessment

Use the following checklists to identify your student's greatest areas of struggle. Use this insight to pinpoint which tools and interventions will be most beneficial.

ACTIVATION / ATTENTION / PROCESSING SPEED	FOCUS
<ul style="list-style-type: none"><input type="radio"/> Procrastinates tasks or leaves them until the last minute<input type="radio"/> Struggles to organize and prioritize assignment/ tasks/ etc.<input type="radio"/> Doesn't estimate time needed accurately<input type="radio"/> Cannot get back on task easily	<ul style="list-style-type: none"><input type="radio"/> Struggles to focus on non-desired tasks for longer periods of time<input type="radio"/> Completes one task at a time<input type="radio"/> Easily distracted by external stimuli.<input type="radio"/> Struggles with remembering what tasks or multi-step items need to be completed
EFFORT / ALERTNESS / PROCESSING SPEED	EMOTION / LOGIC & REASONING
<ul style="list-style-type: none"><input type="radio"/> Gets drowsy or loses focus when working on quiet tasks<input type="radio"/> Assignments take much longer than estimated<input type="radio"/> Makes careless mistakes on work<input type="radio"/> Gets flustered when under time pressure or rushed	<ul style="list-style-type: none"><input type="radio"/> Thrown off by unexpected events<input type="radio"/> Emotions get in the way of performing tasks<input type="radio"/> Low frustration threshold<input type="radio"/> Often described as overly sensitive or reacts intensely to perceived criticism
WORKING MEMORY	ACTION / LOGIC & REASONING
<ul style="list-style-type: none"><input type="radio"/> Struggles with multi-step instructions<input type="radio"/> Can be impulsive or blurt out answers<input type="radio"/> Information goes in one ear and out the other<input type="radio"/> Needs repetition when learning new information	<ul style="list-style-type: none"><input type="radio"/> Inability to inhibit behaviors<input type="radio"/> Struggles to make and meet goals<input type="radio"/> Lacks ability to step back and make objective decisions<input type="radio"/> Struggles to evaluate own performance or how actions impact others





Recommendations for Interventions

Test to determine root causes of presenting issues:

Psychoeducational or Comprehensive Cognitive Assessments

Based on the root cause proceed with the appropriate interventions:

Functional Interventions with The Nectar Group:

- Cognitive Training
- Academic Coaching
- Executive Function/Study Skills Coaching

Emotional Interventions:

- Counseling/Play Therapy
- Neurofeedback (if trauma related)
- Social Skills Groups

How Nectar Can Help:

- Psychoeducational assessments to diagnose learning disabilities and disorders
- Cognitive assessments to pinpoint strengths and weaknesses and determine intervention
- Cognitive Skills Training to strengthen key skills such as working memory, attention, and logic and reasoning
- Individual tutoring to fill academic gaps resulting from poor executive function
- Executive Function and Study Skills Coaching to improve skills such as self-advocacy, study skills, time management, and organization
- Free consultations to determine best next steps